

Heritage Incoming Pre-K Students 2024-2025

Things To Practice At Home Prior To The Start Of School

1. Bathroom Independence: going into the bathroom alone, getting on/off toilet alone, wiping #1 & #2 alone, washing hands with soap.
2. Dressing self with minimal or no help (this is if they must change clothes at school due to accident or spill).
3. Napping for an hour. Our nap time will be from 1-2pm every day. The children will be required to nap or at least lay there resting without talking. Please practice getting into the habit this summer. White noise & soothing instrumental music will be playing during nap.
4. Practice sitting for about 15min at a time doing a learning activity or listening to a story without getting up. We will work on this a lot when school starts while learning our school routines.
5. Being a first-time listener. It is very important for safety that your child can stop and listen for instructions when his/her name is called. We will practice this a lot.
6. Staying with the group & not wandering off. Again, a safety issue. Please communicate if your child struggles with this.
7. Optional but highly recommended: Practice letters A-Z & numbers 1-10, along with recognizing their first name. Colors & Shapes. Strengthening fine motor: scissor practice with supervision, coloring, threading beads on yarn or pipe cleaner, peeling stickers, etc. Pinterest has tons of ideas.
8. If your child has not been in a structured school setting before (MDO, PK3) please arrange for group activities with other children to help your child learn to play/interact with others kindly in a group setting.

Thank you for partnering with us,

Heritage Pre-K Teachers

